

## Duoderm™ (Hydrocolloid Dressing) Post-Op Instructions

### What should I do today?

- A dressing has been placed over the operative site. Leave the dressing in place for 2-3 days and keep the wound as dry as possible for 2-3 days.
- If any bleeding is noted, apply firm direct pressure to the area for 20 minutes by the clock. If this does not stop the bleeding, call (303) 604-1444. If the office is closed, follow the instructions given on the recording for contacting the on-call provider.
- You may take Tylenol for pain as directed on the package. A small amount of pain or discomfort is normal for this procedure.

### How do I take care of my wound?

- The bandage on your wound is called Duoderm CGF™, a hydrocolloid. Wounds heal better in a moist, clean environment. Duoderm creates this environment underneath the dressing.
- Duoderm can easily be found at any drugstore. Please purchase independently.
- Change Duoderm dressing every 2-3 days for 2 weeks.
- Between dressing changes, gently cleanse the operative site with soap and water and pat dry.

### When will I hear from Boulder Valley Center for Dermatology?

- You will receive a call, an email, or a letter from the office regarding your pathology report (if applicable). If you do not receive notification within 2 weeks, please call the office to check on the pathology report.

### PLEASE NOTE:

All biopsies are sent to an outside lab for evaluation and therefore you will be billed separately from the doctor's bill. If you have any questions/problems regarding your laboratory bill, you must contact the laboratory directly. Thank you.

If you are having problems related to your treatment that cannot wait until regular office hours, call (303) 604-1444 and ask to speak to the provider on call.

